



Derbyshire
Fire & Rescue Service
Making Derbyshire Safer

Be Carbon Monoxide Aware

Carbon Monoxide (CO) is potentially fatal and even low-levels of the poison can cause lasting damage to your health. You can't see it, taste it or smell it but CO can kill quickly without warning.

Never take a portable / disposable barbecue into an enclosed tented area or caravan for cooking or heating purposes. Lethal levels of CO can be produced in poorly ventilated areas.

Make sure your gas light or stove is clean and well maintained, especially if using them in enclosed spaces.

Be aware of the following symptoms:

Headaches, dizziness, nausea, vomiting, drowsiness and fatigue.



For more information about staying safe contact your site office, visit our website, call us on **01332 771221** or go to **www.COvictim.org**.



www.derbyshire-fire.gov.uk

